

Menu

This dish is made with permaculture ingredients. Permaculture is a holistic and sustainable approach to producing healthy food while regenerating soil and promoting long-term ecological balance. It aims to mimic natural ecosystems, creating harmonious and self-sustaining systems that maximize efficiency, minimize waste and encourage biodiversity.

HOME-MADE NETTLE SOUP

This fresh and healthy nettle soup is made with care and contains the following ingredients:

Fresh nettles, onions, garlic, potatoes, leek, and herbs

Permaculture is important because it offers a practical and sustainable solution to address pressing global challenges such as food security, environmental degradation, and climate change by promoting resilient and regenerative systems that work in harmony with nature...

Enjoy!

